



GOTHAM
GASTROENTEROLOGY

Location: 535 Fifth Avenue, Suite 611, New York, NY 10017 | Tel: 212-794-0240
www.gothamgastro.com

Peter S. Kim, M.D.
Julie A. Foont, M.D.

HELICOBACTER PYLORI BREATH TEST PREPARATION

1. Do not eat or drink for at least **one hour** prior to the test.
2. Do not chew gum or suck on candy for at least **one hour** prior to the test.
3. Must not have taken an antibiotic for at least **2 weeks** prior to the test.
4. Stop proton pump inhibitors (i.e. Aciphex, Kapidex, Nexium, Omeprazole, Pantoprazole, Protonix, Prevacid, Zegerid) at least **4 weeks** prior to the test